

Harmony & HERITAGE FESTIVAL

October 19th
9am-12pm

Arlington House

9:00 AM - 9:30 AM

Parent Zone: Vendor Tabling Available

Until Event Close

Kids Zone: Outdoor Games

10:30 AM - 11:00 AM

Parent Zone: Vendor Tabling Available

Until Event Close

Kids Zone: Outdoor Games

9:30 AM - 10:00 AM

Education Zone: Creating Herbal
Medicine Workshop

Wellness Zone: Pilates on the Green

Kids Zone: Outdoor Games (continuing)

11:00 AM - 11:30 AM

Parent Zone: Unwind Your Mind: Strategies
for Stress Free Living Workshop

Wellness Zone: Yoga Workout on the Green

Kids Zone: Pumpkin Decorating Station

10:00 AM - 10:30 AM

Wellness Zone: Strength Workout on the Green

Education Zone: Cooking Demonstration

Kids Zone: Black History Coloring

Book Station

11:30 AM - 12:00 PM

Parent Zone: Self-Care for Caregivers

Wellness Zone: Strength Workout on the
Green

Kids Zone: Pumpkin Decorating Station
(continuing)



DISTRICT 6
COUNCILOR
CRYSTAL N. SMITHERMAN
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SANDPIPER
Advisory Group